

# PLAN DESIGN CHANGES

For the 2019 plan year, the District will make important changes to the medical program. The District’s Health Care Committee (“Committee”), composed of representatives from each of the five collective bargaining units and administration, annually reviews and recommends changes to the health care program. After considerable review and deliberation, the Committee recommended certain changes that will go into effect for January 1, 2019.

## Changes to the Medical Plan

Effective January 1, 2019,

- Hearing aids will be covered up to \$1,000 per ear, every five years, under the medical program. Hearing aids will be covered at each plan’s coinsurance rate shown below after you have met your deductible:

Plan	Coinsurance %
<b>Silver + HSA</b>	70%
<b>Gold + HSA</b>	80%
<b>PPO</b>	80%

- PSA screening for prostate cancer will no longer be covered as preventive benefits after the U.S. Preventive Service taskforce downgraded the screenings to a “D” rating, meaning the USPSTF recommends against the service. The screenings will still be covered under each plan’s coinsurance rate after you have met your deductible.

## Changes to the Pharmacy Program

For 2019, the District will be changing from United Healthcare’s Standard Pharmacy Network to United Healthcare’s Walgreens Anchored Network. The network includes Walgreens, several mass merchants, regional chains, and grocers, but does not include CVS Pharmacy. The in-network pharmacies are listed to the right.

You can still use pharmacies in United Healthcare’s Standard Pharmacy Network through **December 31, 2018**. More information on this change will be provided in the 2019 Open Enrollment Guide. UHC will send letters with instructions on how to transfer prescriptions to individuals currently using pharmacies outside the Walgreens Anchored Network in December.

Walgreens Anchored Pharmacy Network	
Walgreens Drug Store	Accesshealth Plus
Costco Pharmacies	Fred’s Pharmacy
Good Neighbor Pharmacies (Elevate Provider Network)	Genoa A Qol Healthcare Company Llc
HyVee, Inc	Gerimed Ltc Network Inc
Jewel Osco	Kinney Drugs LLC
Mariano’s	Kroger, Inc.
Meijer Inc	Nash Finch Company
Walmart Stores Inc	Publix Super Markets Inc
Shopko Stores Operation Co LLC	Rite Aid Corporation
Independent Pharmacy	Safeway, Inc.
Leader Drug Stores	Smiths Food and Drug Center Inc
Accesshealth	Stop And Shop Pharmacy
Arete Pharmacy Network (783)	Abs Llc So Cal And Imw
Mha Long Term Care Network	Providerpay

A specific list of pharmacies as of September 1, 2018, in Walgreens Anchored Network within 30 miles of Elgin can be found [here](#), or navigate to the Human Resources Benefits page under Staff Resources [www.u-46.org](http://www.u-46.org). You can also get a list from myuhc.com (after January 1<sup>st</sup>).

Participants will also have the option to fill 90-day maintenance prescriptions at Walgreens for the same cost as mail-order. This option is not available at other Walgreens Anchored Network pharmacies.

**Remember:** Pharmacy benefits are only offered through network pharmacies.

## Changes to the Dental Program

For 2019, the following changes will be made to the District’s dental program:

- Increase the annual benefit limitation from \$2,000 to \$2,500
- Cover mouth guards for TMJ Disorder and teeth grinding under restorative services (80% coinsurance)

## Changes to the Wellness Program

On-site biometric screenings will be held again in 2018. Information on dates, times, and locations are provided on the next page.

For 2019, biometric screenings will also be added as an activity you may complete to help earn your 2019 wellness incentive. Completion of a biometric screening will be worth 30% of your Rally Rewards credits. (Screenings completed in 2018 do not earn credit in Rally.)

### Fall 2018 Biometric Screening and Flu Shot Event Dates

The district will be providing comprehensive biometric screenings and flu shots at various locations this Fall. The screening consists of a full blood draw and requires 9-12 hours of fasting. You will receive a detailed report in the mail approximately 3 weeks after your screening, which you are encouraged to review with your physician.

**These services are *FREE* for all District health plan participants, spouses & children age 18+ on the U-46 health plan!**

To register, go to [my.questforhealth.com](http://my.questforhealth.com).

Click on "Create Account" and enter the registration key: **schooldistrict2018**

Your unique ID is your UHC member ID number. Spouses and dependent children on your plan age 18+ may also participate, but they must create their own accounts on the Quest website in order to schedule an appointment for a screening and/or flu shot. Below are the dates, times, and locations of 2018 biometric screenings – register TODAY to ensure your appointment!

Date	Time	Location
October 4, 2018	7:00 a.m.-11:00 a.m.	Educational Services Center
October 5, 2018	7:30 a.m.-10:30 a.m.	Abbott Middle School
October 6, 2018	7:30 a.m.-11:30 a.m.	Streamwood High School
October 12, 2018	7:00 a.m.-11:30 a.m.	Elgin High School
October 13, 2018	7:30 a.m.-11:30 a.m.	Elgin High School
October 16, 2018	7:30 a.m.-11:30 a.m.	Eastview Middle School
October 18, 2018	7:30 a.m.-10:30 a.m.	Ellis Middle School
October 19, 2018	7:30 a.m.-10:30 a.m.	Canton Middle School
October 20, 2018	7:30 a.m.-11:30 a.m.	Bartlett High School
October 23, 2018	7:30 a.m.-10:30 a.m.	Kenyon Woods Middle School
October 27, 2018	7:30 a.m.-11:30 a.m.	South Elgin High School
October 30, 2018	7:30 a.m.-10:30 a.m.	Larsen Middle School
October 31, 2018	7:00 a.m. – 11:30 a.m.	South Elgin High School
November 1, 2018	7:30 a.m.-10:30 a.m.	Tefft Middle School
November 2, 2018	7:00 a.m.-11:30 a.m.	Larkin High School
November 3, 2018	7:30 a.m.-11:30 a.m.	Larkin High School

\*No Rally credit will be earned towards the 2018 wellness incentive for biometric screenings completed in 2018. Screenings *will* be added as a wellness activity in 2019. Screenings and flu shots will be scheduled again for fall 2019 (exact dates to be announced).